

This Week @ First

Worship & Music

To watch our Sunday worship at 11 AM, connect with us on [YouTube](#) (find the bulletin [here](#))!

Spiritual Formation

The Inquirers will continue meeting in the Westminster Room and on [Zoom](#) through June 2nd to complete the Peaceful Practices series. This week will be devoted to dignity: considering power dynamics. Please remember to bring your notebooks for journaling. Childcare will be available. The class on June 2nd will be an intergenerational class reflecting on the theme of "Transformation."

The children's class will meet in Room 306 at 9:30.

Compassion & Social Justice

The mission of the Compassion & Social Justice committee is to work with those in our community who need protection, nurture, and care. Each Month there are several opportunities for you and your family to join in this ministry of sharing God's love with our neighbors, focusing specifically on those who are hungry and unsheltered.

Each 1st Friday (6/7) - Second Harvest Bread Boxing (10 people needed). Sign up [here](#).

Each 2nd Sunday (6/9) - Serve a meal for unsheltered at Grace Mission (4 people needed). Sign up [here](#).

Every Wednesday - 10:45 AM-12 PM, Distribute "snack packs" to downtown unsheltered neighbors.

Every Wednesday - 9:45 AM-1 PM, Provide laundry services for four unsheltered neighbors.

If you are interested in being part of a rotating team of volunteers for either of the ministries on Wednesdays, please contact Debbie Gibson at gibsond1207@gmail.com.

CAJM Celebration June 18th: The Capital Area Justice Ministry will hold its last event of the 2023-2024 year on Tuesday, June 18th from 6-8 PM at Temple Israel. This is a Justice Ministry Celebration celebrating what happened during the year and outlining next steps for the coming year. Food will be provided. RVSP [here](#).

Reminder: Sunday, June 2nd

Please stay after worship on June 2nd to enjoy lunch, music, and fellowship, and to celebrate Anne and Jim Apple! Bring a card or letter to be collected that morning, or bring one to the church office ahead of time. A signup to help with refreshments is available [here](#).

Sunday, June 2nd will also be **First Food Collection Sunday**. Bring your non-perishable food donations to the narthex on Sunday morning to be collected and shared with Second Harvest or Elder Services.

Habitat for Humanity

To celebrate the Bicentennial of Tallahassee, Habitat for Humanity is building the First Florida Capitol in Cascades Park and is in need of volunteers.

Dates include:

June 8th, 15th and 22nd @ 8am-2pm

To volunteer, you must register in advance. You can sign up [here](#).



Pastoral Transition Note

When Pastor Anne and Jim leave, they are happy to receive letters, texts, and calls. Their new address will be 301 Assembly Drive, Box 1101, Montreat, NC, 28757. What they can't and won't do is talk church business/work. If there is a pastoral issue that needs addressed, reach out to Pierce Withers, Director of Spiritual Formation, who will tend to it through appropriate channels. If there is a technical issue that needs to be addressed about something church related, please communicate with the Clerk of Session, Chris Corzine, or Pierce Withers. They will reach out to Pastor Apple, if necessary.

Register here to volunteer for English Conversation Circles
Sundays, 3 PM — 4 PM
June 2 — July 28, 2024

Volunteer Training this Sunday, May 26 after worship



15 MINUTES OF GUIDED MEDITATION BEFORE WORSHIP
Explore the Ancient Christian Spiritual Practice of Meditation
Sunday Mornings @ 10:30 AM
Starting May 19th, John Calvin Room
BEGINNERS WELCOME—NO EXPERIENCE NEEDED!

To submit information to be included in the newsletter and/or the Sunday bulletin (as space permits), please use [this new link](#), which will take you to an online form. You can access the form directly through Breeze, as well. Thank you!

First Presbyterian Church
110 North Adams Street
Tallahassee, Florida 32301
Phone: (850) 222-4504/Fax: (850) 222-2215
Email: office@oldfirstchurch.org
Website: www.oldfirstchurch.org
www.facebook.com/oldfirstchurch
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Pastor's Note



A pastor's wife in a long ago era pulled out angel cards and set them on the table. She reminded us that as Jesus came out of the wilderness, where he was famished, and even tempted, that the angels served him. The Greek word for "served" is diakoneo. It means to serve, to take care of, to wait upon others.

On one side of the card is a word and a picture of an angel.
On the other side of the card is a simple line drawing of an angel.

From that first introduction to angel cards, they became a regular tool for ministry for me. The words on the cards can be of service for reflection, connection, and even prayer. The images can stir creativity and imagination.

I made discernment cards in the process of deciding if God was sending us to Tallahassee. Hymn lyrics on one side. Scripture and a guiding word on the other. And scraps from Tallahassee publications. I see truth in these cards at the end of this particular journey...

Unexpected Journey Begins.
Here Experience Adventure.
Celebrate Delight Present.
Hospitality Challenge Spirit.



The week before I came to Tallahassee, the women's bible study I led in Memphis bought me a "new" set of angel cards for this new context. They asked me to pick eight cards. And then they prayed through them, for you, for us, for our family, for ministry. Those eight cards are pictured here. I laughed last night when I realized the patience card was worn the most. Thank you for letting me test your collective patience.

Integrity.
Vision.
Grace.
Healing.



Joy.
Light.
Discernment.
Patience.

Beyond scripture, these are the words that have shaped my ministry, and I hand them back to you. Trusting God might shape you through them as you move forward in faith.

Life is short. And we don't have long to tarry with those whom God puts before us. So be swift to love, make haste to be kind, and know you are God's beloved as you move forward in faith.

God's peace, God's presence.

Anne